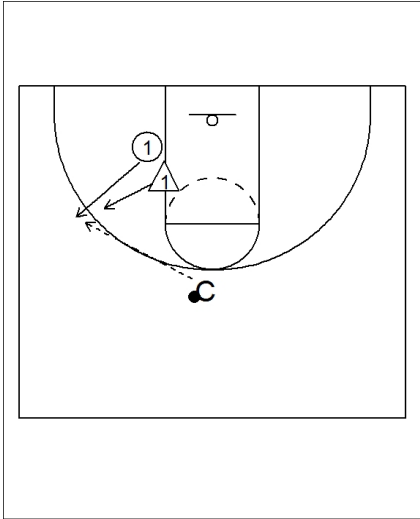




Wing denial drill



DEFENSE DRILLS: WING DENIAL DRILL

Skills Covered

- *Defensive stance
- *Defensive positioning
- *Deny wing pass
- *Positioning on the ball

Alignment

- *Coach (C) has the ball at the top of the key
- *1 starts just outside the block
- *Defender 1 is in proper defensive position in relation to the person they are guarding and where the ball is.

Running the Drill

This requires tremendous effort by our defenders, but it forces the offensive

team to be extremely uncomfortable. The harder we deny wing entry passes, the further the offense has to move from the basket. It is much better for us, and more uncomfortable for the offense when they catch the ball at 27 feet away from the basket rather than 18 feet.

1s job is to cut to get open. Defender 1's job is to deny them from catching the pass. 1 can V-Cut, L-Cut, Fade Cut, or Backdoor Cut to get open. If 1 catches a pass they are looking to score the ball. Defender 1 plays tough defense to prevent this from happening.

The coach must look for:

- *The maximum effort of the defender
- *Proper defensive stance by defender
- *If the offensive player catches the ball on the wing the defender must be aligned correctly with their nose on the offensive player's high shoulder (shoulder nearest half court).
- *Defensive player must force baseline (not give up baseline). Also keep ballhandler out of the middle.